

# BerlinMan 21.-22.08.2021

## Ergebnisse: Mitteldistanz Frauen

Platz	Strn	Name	Verein	AK	Platz AK	Endzeit	Schwimmen	Rad	SchwRad	Lauf	Rückstand
1	17	Livia Egger	Team Berlin	wAK25	1	4:30:40	0:39:06(11)	2:39:23(1)	3:18:29(2)	1:12:11(1)	
2	13	Sandra Cummerow	Triabolas Triathlon Hamburg e.V.	wAK40	1	4:41:59	0:30:32(1)	2:40:43(2)	3:11:15(1)	1:30:44(7)	0:11:19
3	36	Chantal Jäger	TVB09	wAK25	2	4:47:30	0:36:19(7)	2:46:49(5)	3:23:08(3)	1:24:22(3)	0:16:50
4	58	Maria Otto	Gorillas & Butterflies	wAK30	1	4:58:01	0:40:36(24)	2:48:34(8)	3:29:10(7)	1:28:51(5)	0:27:21
5	25	Katrin Grigalat	BSV Friesen	wAK45	1	5:00:18	0:43:49(36)	2:49:39(9)	3:33:28(16)	1:26:50(4)	0:29:38
6	21	Nina Fehse		wAK30	2	5:00:42	0:43:15(31)	2:54:13(18)	3:37:28(22)	1:23:14(2)	0:30:02
7	22	Verena Fiorani	Z88	wAK40	2	5:00:49	0:35:14(4)	2:51:12(12)	3:26:26(5)	1:34:23(13)	0:30:09
8	62	Christiane Radatz	Team Erdinger Alkoholfrei	wAK35	1	5:01:28	0:40:07(18)	2:50:50(11)	3:30:57(9)	1:30:31(6)	0:30:48
9	66	Katja Ritzmann	TRI EMTV	wAK40	3	5:05:21	0:30:41(2)	2:58:56(26)	3:29:37(8)	1:35:44(14)	0:34:41
10	45	Virginie Kruse	BSV Friesen	wAK45	2	5:05:50	0:39:39(13)	2:52:08(14)	3:31:47(11)	1:34:03(10)	0:35:10
11	20	Nadin Eule-Mau	EiswuerfelimSchuh.de	wAK40	4	5:05:51	0:39:49(14)	2:51:51(13)	3:31:40(10)	1:34:11(11)	0:35:11
12	40	Marina Klemm	SV Berlin Chemie Adlershof	wAK45	3	5:07:07	0:42:52(28)	2:49:54(10)	3:32:46(13)	1:34:21(12)	0:36:27
13	60	Alexandra Piechocki	TriTeam Berlin	wAK45	4	5:07:16	0:43:29(33)	2:44:37(4)	3:28:06(6)	1:39:10(20)	0:36:36
14	80	Ines Rössler	VfB Fallersleben	wAK50	1	5:09:57	0:35:57(5)	2:55:53(19)	3:31:50(12)	1:38:07(19)	0:39:17
15	84	Katja Treichel	SCC Berlin Triathlon	wAK40	5	5:11:45	0:36:57(9)	2:58:03(24)	3:35:00(18)	1:36:45(16)	0:41:05
16	5	Irina Berenfeld	SCC Berlin	wAK45	5	5:12:42	0:47:22(49)	2:47:57(7)	3:35:19(19)	1:37:23(18)	0:42:02
17	59	Theres Petzold		wAK40	6	5:17:19	0:46:07(44)	2:46:54(6)	3:33:01(14)	1:44:18(28)	0:46:39
18	30	Dana Heitz	Brooklyn Tri Club	wAK35	2	5:20:10	0:40:27(23)	3:02:56(31)	3:43:23(29)	1:36:47(17)	0:49:30
19	85	Kay Leonie Tscharnke		wAK35	3	5:22:22	0:43:07(30)	3:06:24(37)	3:49:31(34)	1:32:51(8)	0:51:42
20	91	Cornelia Waschnewski	Teamwork Berlin	wAK50	2	5:25:49	0:43:39(34)	2:53:02(16)	3:36:41(21)	1:49:08(37)	0:55:09
21	35	Sabrina Jaap	SCC Berlin Triathlon	wAK30	3	5:26:45	0:42:27(27)	2:59:41(27)	3:42:08(27)	1:44:37(29)	0:56:05
22	27	Katharina Hammerschmitt	Springende Frösche	wAK35	4	5:28:10	0:43:00(29)	2:56:47(20)	3:39:47(25)	1:48:23(35)	0:57:30
23	55	Laura Nickel	MiX deluXe	wAK25	3	5:28:52	0:40:20(20)	3:11:56(44)	3:52:16(41)	1:36:36(15)	0:58:12
24	71	Lena Salfenmoser		wAK25	4	5:29:07	0:46:19(46)	3:09:36(41)	3:55:55(43)	1:33:12(9)	0:58:27
25	8	Sophie Blisse	Potsdam	wAK35	5	5:29:11	0:45:59(43)	2:58:02(22)	3:44:01(30)	1:45:10(31)	0:58:31
26	81	Stefanie Tegeler	RSC Lüneburg Triathlon	wAK55	1	5:29:51	0:36:16(6)	2:58:31(25)	3:34:47(17)	1:55:04(41)	0:59:11
27	16	Merle Dörbaum		wAK30	4	5:30:21	0:39:52(15)	2:58:02(22)	3:37:54(24)	1:52:27(38)	0:59:41
28	7	Carola Bischoff	SCC Berlin Triathlon	wAK30	5	5:32:03	0:40:08(19)	3:12:04(45)	3:52:12(40)	1:39:51(22)	1:01:23
29	37	Andrea Jakobljevič	Lc Olympia Wiesbaden	wAK55	2	5:32:15	0:42:00(25)	3:03:19(33)	3:45:19(31)	1:46:56(33)	1:01:35
30	14	Heike Dirks	Fortuna Logabirum	wAK55	3	5:34:35	0:40:21(22)	2:57:27(21)	3:37:48(23)	1:56:47(45)	1:03:55
30	39	Annette Kisch	Fortuna Logabirum	wAK55	3	5:34:35	0:44:30(39)	3:03:23(34)	3:47:53(33)	1:46:42(32)	1:03:55
32	48	Christine Leppert	Sport-Club Itzehoe	wAK50	3	5:34:40	0:46:55(47)	3:02:59(32)	3:49:54(36)	1:44:46(30)	1:04:00
33	42	Julia Köppen	TriTeam Berlin	wAK35	6	5:37:06	0:44:14(38)	2:52:22(15)	3:36:36(20)	2:00:30(50)	1:06:26
34	3	Sarah Arnold	SCC Triathlon	wAK45	6	5:37:54	0:49:37(54)	3:08:51(40)	3:58:28(48)	1:39:26(21)	1:07:14
35	51	Ulrike Mandt	Hartman Triathlon Team TVG KAISERAU	wAK55	5	5:37:59	0:39:17(12)	2:53:58(17)	3:33:15(15)	2:04:44(53)	1:07:19
36	10	Andrea Buntrock	MSV Meusegast	wAK45	5	5:38:08	0:39:59(16)	3:00:29(28)	3:40:28(26)	1:57:40(47)	1:07:28
37	52	Andrea Martin	DreiZack Spandau	wAK50	4	5:38:47	0:36:26(8)	3:06:06(36)	3:42:32(28)	1:56:15(44)	1:08:07
38	76	Franziska Schulze	Potsdamer Triathlon e.V.	wAK35	7	5:39:42	0:43:27(32)	3:12:41(46)	3:56:08(44)	1:43:34(27)	1:09:02
39	49	Karena Liebenow	LG Nord Berlin	wAK50	5	5:42:58	0:45:56(42)	3:16:46(50)	4:02:42(50)	1:40:16(24)	1:12:18
40	31	Claire Helffer		wAK45	8	5:45:14	0:47:29(51)	3:02:53(30)	3:50:22(37)	1:54:52(39)	1:14:34
41	9	Hannah Brandner	Fortuna Düsseldorf Triathlon	wAK35	8	5:45:32	0:54:30(57)	3:10:57(43)	4:05:27(51)	1:40:05(23)	1:14:52
42	15	Martina Dockáľková		wAK45	9	5:47:01	0:47:24(50)	3:10:41(42)	3:58:05(47)	1:48:56(36)	1:16:21
43	18	Jacqueline Eichholz	Sportclub Itzehoe	wAK50	6	5:47:30	0:47:20(48)	3:04:50(35)	3:52:10(39)	1:55:20(42)	1:16:50
44	34	Petra Holland	Athletik Waldniel	wAK60	1	5:48:39	0:43:46(35)	3:07:11(38)	3:50:57(38)	1:57:42(48)	1:17:59
45	64	Steffi Richel	Triathlon Potsdam e.V.	wAK35	9	5:50:26	0:35:09(3)	3:14:27(49)	3:49:36(35)	2:00:50(51)	1:19:46
46	78	Susanne Sievers		wAK50	7	5:55:14	0:44:41(41)	3:01:36(29)	3:46:17(32)	2:08:57(55)	1:24:34
47	44	Maja Kröger	LC Stolpertruppe Berlin	wAK55	6	5:56:11	0:48:29(53)	3:07:23(39)	3:55:52(42)	2:00:19(49)	1:25:31
48	23	Ingrid Folkerts	Fortuna Logabirum	wAK55	7	5:56:51	0:59:22(59)	3:14:13(48)	4:13:35(53)	1:43:16(26)	1:26:11
49	318	Joelle Theobald-Schmit	CAEG	wAK50	8	5:59:22	0:49:55(55)	3:21:46(54)	4:11:41(52)	1:47:41(34)	1:28:42
50	86	Doris Urner	MULTISPORT-LOS e.V.	wAK50	9	6:07:07	0:44:34(40)	3:17:34(51)	4:02:08(49)	2:04:59(54)	1:36:27
51	24	Nadine Garbrecht	Tri EMTV Elmshorn	wAK35	10	6:11:45	0:43:51(37)	3:13:53(47)	3:57:44(45)	2:14:01(56)	1:41:05
52	1	Nina Abel	SCC Berlin Triathlon	wAK30	6	6:13:24	0:42:02(26)	3:50:32(60)	4:32:34(59)	1:40:50(25)	1:42:44
53	93	Linda Wiczorek	Team Zoot Europe / Racing Aloha e.V.	wAK45	10	6:16:25	0:40:20(20)	3:38:53(57)	4:19:13(54)	1:57:12(46)	1:45:45
54	83	Anke Töpfer	Tri Team Berlin	wAK45	11	6:22:09	0:46:07(44)	3:41:03(58)	4:27:10(57)	1:54:59(40)	1:51:29
55	41	Kirsten Klingner	SV Berlin-Chemie Adlershof	wAK60	2	6:27:25	1:10:24(62)	3:21:27(53)	4:31:51(58)	1:55:34(43)	1:56:45
56	33	Sabine Getschmann	Tri-Finischer Berlin	wAK60	3	6:28:25	0:38:47(10)	3:19:04(52)	3:57:51(46)	2:30:34(60)	1:57:45
57	72	Bettina Schmitz		wAK60	4	6:36:37	0:47:52(52)	3:33:16(56)	4:21:08(55)	2:15:29(57)	2:05:57
58	70	Sabine Runkel	SRL Koblenz/Team Erdinger	wAK55	8	6:40:42	0:52:40(56)	3:29:20(55)	4:22:00(56)	2:18:42(58)	2:10:02
59	50	Susanne Mader	3star cats wallisellen	wAK45	12	7:02:49	1:00:09(60)	3:43:14(59)	4:43:23(60)	2:19:26(59)	2:32:09
60	12	Bea Cloos		wAK45	13	7:26:48	1:09:18(61)	4:15:46(61)	5:25:04(61)	2:01:44(52)	2:56:08
DNF	43	Claudia Kreuzberg		wAK55			0:40:06(17)	2:44:30(3)	3:24:36(4)		
DNF	67	Manuela Ronge	Triathlon-Team Ferchland	wAK50			0:57:01(58)				







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## Ergebnisse: Mitteldistanz Männer

Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimmen	Rad	SchwRad	Lauf	Rückstand	Zeitstrafe
259	630	Lorenz Lehmann		mAK30	24	5:49:46	0:52:31(307)	3:02:59(235)	3:55:30(265)	1:54:16(254)	2:03:10	
260	105	Martin Epkenhans	Tri Finish Münster	mAK65	2	5:50:40	0:44:36(225)	3:14:21(282)	3:58:57(276)	1:51:43(235)	2:04:04	
261	285	Dirk Metzendorff	HH-Marathon	mAK50	55	5:51:02	0:59:48(322)	2:57:04(203)	3:56:52(271)	1:54:10(252)	2:04:26	
262	103	Ingo Dreger		mAK60	13	5:51:05	0:48:40(283)	3:14:49(283)	4:03:29(286)	1:47:36(212)	2:04:29	
263	291	Uwe Pelzer	Anna	mAK50	56	5:51:28	0:46:30(255)	3:08:23(259)	3:54:53(264)	1:56:35(266)	2:04:52	
264	404	Eric Wiemann		mAK45	27	5:51:32	0:45:09(234)	3:08:45(260)	3:53:54(261)	1:57:38(269)	2:04:56	
265	123	Carsten Roth	Malicrew e.V.	mAK60	14	5:51:59	0:37:48(97)	3:19:25(293)	3:57:13(272)	1:54:46(257)	2:05:23	
266	114	Ewald Maier		mAK60	15	5:53:09	0:48:07(280)	3:13:03(277)	4:01:10(281)	1:51:59(237)	2:06:33	
267	257	Robert Ivkic		mAK50	57	5:54:04	0:45:32(240)	3:06:10(251)	3:51:42(255)	2:02:22(279)	2:07:28	
268	163	Roland Hirsch		mAK55	33	5:54:55	0:44:30(220)	3:06:11(252)	3:50:41(250)	2:04:14(282)	2:08:19	
269	251	Michael Gross	ASV Süchteln	mAK50	58	5:57:07	0:53:49(311)	2:57:58(212)	3:51:47(256)	2:05:20(284)	2:10:31	
270	140	Thomas Bagger		mAK55	34	5:57:18	0:50:39(301)	2:58:58(214)	3:49:37(243)	2:07:41(291)	2:10:42	
271	118	Chap Miller	SCC	mAK60	16	5:58:28	0:40:30(150)	3:29:41(309)	4:10:11(300)	1:48:17(213)	2:11:52	
272	594	Christoph Verleih		mAK35	49	5:59:20	0:46:03(248)	3:18:31(289)	4:04:34(291)	1:54:46(257)	2:12:44	
272	568	Udo Nachtigal		mAK35	49	5:59:20	0:46:02(247)	3:18:33(290)	4:04:35(292)	1:54:45(256)	2:12:44	
274	639	Sven Preuße		mAK30	25	6:00:01	0:45:42(242)	3:23:03(297)	4:08:45(298)	1:51:16(231)	2:13:25	
275	117	Christoph Michel	ibmichel.com	mAK60	17	6:00:34	0:46:55(261)	3:17:10(288)	4:04:05(288)	1:56:29(264)	2:13:58	
276	613	Johann Du Chesne		mAK30	26	6:00:39	0:48:06(278)	3:11:30(274)	3:59:36(277)	2:01:03(276)	2:14:03	
277	101	Torsten Bumke	Tri Finsher Berlin e.V	mAK60	18	6:01:28	0:52:19(306)	3:00:56(223)	3:53:15(259)	2:08:13(293)	2:14:52	
278	142	Uwe Baum	TRT Remchingen	mAK55	35	6:02:05	0:44:42(227)	3:27:00(306)	4:11:42(302)	1:50:23(225)	2:15:29	
279	308	Swen Schröter	Die Kraft Dahinter	mAK50	59	6:02:37	0:43:43(211)	3:22:47(296)	4:06:30(294)	1:56:07(262)	2:16:01	
280	651	Phillip Schnell		mAK20	1	6:03:13	0:36:22(67)	3:23:32(298)	3:59:54(278)	2:03:19(281)	2:16:37	
281	564	Michael Leschke		mAK35	51	6:04:12	0:36:56(79)	3:30:43(311)	4:07:39(296)	1:56:33(265)	2:17:36	
282	476	Gerald Pliske	Trimago e.V.	mAK40	56	6:04:30	0:40:11(142)	3:10:02(269)	3:50:13(248)	2:14:17(300)	2:17:54	
283	208	Frank von Feldmann	MTV Heide	mAK55	36	6:05:29	0:39:02(117)	3:15:44(285)	3:54:46(263)	2:10:43(297)	2:18:53	
284	209	Rudolf Voos	Trifinisher Berlin	mAK55	37	6:05:34	0:50:20(298)	3:15:12(284)	4:05:32(293)	2:00:02(274)	2:18:58	
285	211	Fritz Wagner	SCC Berlin	mAK55	38	6:05:47	0:40:04(141)	3:16:45(286)	3:56:49(270)	2:08:58(295)	2:19:11	
286	111	Ferdinand Karnath	TuS Neukoelln Berlin	mAK65	3	6:06:58	0:50:40(302)	3:19:36(294)	4:10:16(301)	1:56:42(267)	2:20:22	
287	483	Andreas Rüssmann	Team-Zeppelin OSC Potsdam	mAK40	57	6:07:53	0:50:37(300)	3:10:19(270)	4:00:56(280)	2:06:57(289)	2:21:17	
288	213	Michael Weiß		mAK55	39	6:09:43	0:51:17(304)	3:09:33(264)	4:00:50(279)	2:08:53(294)	2:23:07	
289	202	Ingo Sdorra	OSZ MFT	mAK55	40	6:09:55	0:46:41(257)	3:16:46(287)	4:03:27(285)	2:06:28(287)	2:23:19	
290	143	Jörg Behrmann	Running Gag	mAK55	41	6:10:10	0:40:18(143)	3:09:48(267)	3:50:06(247)	2:20:04(305)	2:23:34	
291	218	Dirk Zenz	LT Bernd Hübner	mAK55	42	6:10:19	0:50:04(296)	3:28:30(307)	4:18:34(306)	1:51:45(236)	2:23:43	
292	384	Wolf-Ulrich Raffel	Lichtenrader Löwen	mAK45	28	6:11:54	0:47:50(275)	3:21:07(295)	4:08:57(299)	1:57:57(271)	2:25:18	5:00
293	161	Jan Henningsen		mAK55	43	6:12:54	0:55:38(316)	3:07:34(257)	4:03:12(284)	2:09:42(296)	2:26:18	
294	370	René Magill	SRL Triathlon Koblenz Team Erdinger Alkoholfrei	mAK45	29	6:13:45	0:36:42(75)	3:09:56(268)	3:46:38(230)	2:27:07(309)	2:27:09	
295	119	Michael Müller	Weltraumjogger	mAK60	19	6:16:59	0:55:07(313)	3:25:04(302)	4:20:11(308)	1:56:48(268)	2:30:23	
296	217	Martin Wörfel		mAK55	44	6:17:25	0:56:33(318)	3:24:26(301)	4:20:59(309)	1:56:26(263)	2:30:49	
297	415	Sven Bernau		mAK40	58	6:18:19	0:45:05(232)	3:18:50(291)	4:03:55(287)	2:14:24(301)	2:31:43	
298	129	Wilfried Sedlag-Loy	TiB	mAK70	2	6:18:31	1:00:49(324)	3:23:52(299)	4:24:41(311)	1:53:50(248)	2:31:55	
299	508	Mario Werner	diefrieks	mAK40	59	6:25:38	0:53:18(310)	3:09:23(263)	4:02:41(283)	2:22:57(307)	2:39:02	
300	309	Stephan Schuldt		mAK50	60	6:26:59	0:55:28(315)	3:32:49(314)	4:28:17(314)	1:58:42(272)	2:40:23	
301	122	Andreas Pöhlmann	Sportclub Itzehoe	mAK65	4	6:30:23	0:48:45(285)	3:24:21(300)	4:13:06(303)	2:17:17(303)	2:43:47	
302	171	Theo Kühlkamp		mAK55	45	6:35:19	0:50:01(295)	3:29:55(310)	4:19:56(307)	2:15:23(302)	2:48:43	
303	219	Holger Zirnstern		mAK55	46	6:36:56	1:01:42(326)	3:41:35(318)	4:43:17(318)	1:53:39(247)	2:50:20	
304	170	Thomas Kossielny	Berlin	mAK55	47	6:43:18	0:49:58(293)	3:39:59(317)	4:29:57(315)	2:13:21(299)	2:56:42	
305	316	Jens Maria Stieler		mAK50	61	6:45:23	1:01:43(327)	3:25:24(304)	4:27:07(312)	2:18:16(304)	2:58:47	
306	652	Joram Schreiner		mJun	1	6:45:42	1:00:57(325)	3:37:56(315)	4:38:53(317)	2:06:49(288)	2:59:06	
307	252	Karsten Hächler	5 Ziegen	mAK50	62	6:49:22	0:55:25(314)	3:31:47(313)	4:27:12(313)	2:22:10(306)	3:02:46	
308	193	Axel Rudolph		mAK55	48	6:55:42	0:50:00(294)	3:31:43(312)	4:21:43(310)	2:33:59(310)	3:09:06	
309	349	Alexander Förster	SC Wedding	mAK45	30	7:05:42	0:42:21(188)	3:25:18(303)	4:07:39(296)	2:58:03(312)	3:19:06	
310	126	Siegfried Schmidt	Tri-Finisher Berlin	mAK75	1	7:06:20	0:52:42(308)	3:39:00(316)	4:31:42(316)	2:34:38(311)	3:19:44	
311	115	Horst Maiwald		mAK60	20	7:09:54	1:00:34(323)	3:43:03(319)	4:43:37(319)	2:26:17(308)	3:23:18	
DNF	617	Jens Frommhold	Triathlon Potsdam	mAK30			0:30:19(12)	2:14:11(4)	2:44:30(5)			
DNF	343	Libor Dockálek		mAK45			0:36:34(71)	2:38:08(85)	3:14:42(71)			0:30
DNF	326	Daniel Weinrich		mAK50			0:41:56(182)	2:56:02(195)	3:37:58(190)			
DNF	402	Peter Weber	Sisu Berlin	mAK45			0:50:47(303)	3:05:01(246)	3:55:48(266)			
DNF	456	Tobias Kehl	Team Erdinger Alkoholfrei	mAK40			0:45:26(239)	3:12:03(276)	3:57:29(273)			
DNF	417	Carsten Brandner	Fortuna Düsseldorf Triathlon	mAK40			0:47:18(265)	3:10:34(271)	3:57:52(274)			
DNF	134	André Wendler-Rueß	Tri Team Berlin	mAK60			0:46:41(257)	3:29:31(308)	4:16:12(305)			
DNF	430	Hendrik Friedrichs	Triathlon Team DSW Darmstadt	mAK40			0:36:26(68)					
DNF	389	Daniel Sator	Triathlon-Sport Schwerin e. V.	mAK45			0:36:58(81)					
DNF	358	Sebastian Höft		mAK45			0:37:17(88)					
DNF	131	Michael Vonderbank	SISU Berlin	mAK70			0:40:20(146)					
DNF	98	Rochus Bergmann	Springende Frösche	mAK60			0:41:50(179)					
DNF	324	Fredi Vogel	Panke Plantscher	mAK50			0:44:46(229)					
DNF	228	Stefan Bies	SG Athletico Büdelsdorf	mAK50			0:47:13(263)					
DNF	261	Dirk Karrasch		mAK50			0:58:00(321)					
DNF	290	Burkhard Noering		mAK50			1:02:56(328)					5:00
DNF	572	Steffen Peters		mAK35			1:10:19(329)					
DISQ	158	Gert Hanisch	Friedenau	mAK55		5:20:42	0:48:44(284)	3:07:38(258)	3:56:22(268)	1:24:20(34)	1:34:06	